

# KWAYASK SÔNIYÂW METAWÂKEWIN

kehcinâ kânohtehitötamâhk kamekiyahk wihtamâkewin kehcinâ ometawewak kahayâcik isihcikewina kahatoskâtahkik ekwa kasesâwîcik kwayask sôniyâw metawâkewin waskawîwin.

GameSense piskiht âcimostâkewin ekwa masinahikanisa ehastehki kahkiyaw metawew'kamikwa ekwa miskâtewa SIGA.ca.

GameSense masinahikanisa astewa wihtamâkewin ohci metawewina, wihtamâkewinisa ohci kwayask sôniyâw metawâkewin ekwa kinwâpamisowin ohci koteyihtamowin.

SIGA metawew'kamikwa pimpayitâwak itahkamikwa tâtwâskiy sâkipakâwi-pîsimohk ispi Responsible Gaming Awareness ehispayik kasipwepitamihk metawâkewin nistaweyihtamowin.



# SIHTOSKÂKEWIN ITAKON

24 tipahikana kâkîsikâk, 7 kîsikâwa tahto ehispayik namoya ewîhtamihk ekwa namakîkway itakihtew.

**Kîspin ehayimahk sôniyâw metawâkewin wîcihtowin:** 1-800-306-6789

**First Nation Addiction and Rehabilitation Foundation (FNARF)**

306-665-1215

nihtâweyihtamowin ekwa ewehcipayik kanakinamihk ekwa kesi paminiwehk itôtamowina ehayâhki ohci iyiniwak emayitôtakocik sôniyâw metawâkewin anita kisiskâciwanihk.

**Prince Albert Grand Council Holistic Wellness Centre**

1-866-765-5305

**White Raven Healing Centre - Fort Qu'Appelle**  
1-866-748-8922

**Saskatoon Tribal Council Responsible Gaming Outreach Treatment Program**  
306-956-0340

**Problem Gambling Helpline**  
1-800-306-6789

ohci ayiwâk masinahikana nitawâpena  
[SIGA.ca/responsible-gaming](http://SIGA.ca/responsible-gaming)

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**kišpin namoya ayiwâk konta metawewin**

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GameSense

# KWAYASK METAWEWIN PAMINIKEWIN



kâmetawehk metawewina piko anima SIGA metawewikamikwa kahkîmohcikan metawewin. metawewina nawâc miyowâtanwa kâhapacihtâyan GameSense.

## Kîkway ôma GameSense?

GameSense nihtâweyihtamowin, kîspinatamâkewin-paskiyâkewin itôtamowin ehosihcikâtehk kwayask nawasônamowin ekwa miyo sôniyâw metawâkewin waskawîwin.

âpacîhta ki GameSense ewako kiskisomiwewin ohci omecawesak kamocikihtâcik ekwa kwayask kesihcikecik ohci iyikohk kawîmetawecik sôniyâw metawâkewin.

## kwayask metawewin paminiwewin

SIGA kwayask metawewin paminiwewin ayâw nîso kehcinâ kaskihowina:

1. ka-ayâhk metawew'kamik mîcikihtâwin kwayask
2. ka-ayâhk isihcikewina ekosi omecawesak kahkîhosihitâwak ekwa itôtamwak kwayask sôniyâw metawâkewin waskawîwin.



GameSense masinahikan mekiwak newo kehcinâ kwayask sôniyâw metawâkewin wihtamâkewina ohci ometawesak:

**mohcikihtâwin:** SIGA metawewikamik ita emôcikak ekwa miyowâtamowin

**konta:** metawewi'kamik metawewina anihu konta ekwa namoya ketwe ewîhisipayik

**metawewikamik miyopayowin:** metawewikamik ayâw miyopayowin ohci kahkiyaw metawewina.

**miyonohk:** SIGA mâmítoneyihtamwak ohci kamiyopayik kiya ohci emekwâ kiyokeyan metawew'kamikwa.

**enitaweyimâyahkik omecawesak kawehcasik kakâtinahkik masinahikan ekwa kakiskeyihtahkik wihtamâkewin:**

### tân'si sôniyâw metawâkewin ehispayik:

kakiskeyihtamihk itasiwewina ekwa tân'si kesimetawehk metawewin.

kanisitohtamihk metawewina namoya kiskeycikâtew kahotahowehk ekwa the metawewikamik wiya miyopayikowak.

### kakiskeyihtamihk koteyihtamowina:

kanisitohtamihk metawâkewin ehayâk koteyihtamowin.

### kwayask sôniyâw metawâkewin wihtamâkewina:

kakiskeyihtamihk tân'si sôniyâw metawâkewin kayâk miyonohk ekwa kamocikak, macika, kahitweyan tân'mayikohk isko ekota kahayân ekwa sôniyâw kamestinet ekwa kapôyowin kîspin kitohcipicikân.

### ayimak sôniyâw metawâkewin masinahikana:

kakiskeyihtaman tân'te ekwa tân'si kesimiskaman wîcihitowin kîspin sôniyâw metawâkewin kipîkweyihtamihikon.