

# A LITTLE GUIDE TO PLAYING smarter



# HERE ARE SOME TIPS TO HELP YOU KEEP gambling fun.

- 1 Gambling outcomes are random. Play for fun instead of for money.
- 2 Know how the games work and your odds of winning.
- 3 Sticking to a budget means having fun now and being able to play again later.
- 4 In the long run, you won't lose if you play with money you can afford to lose.
- 5 Leaving your ATM cards at home helps you stick to your budget.
- 6 Time flies when you're having fun. Try setting a time limit.
- 7 Take five. Breaks are always a good decision.
- 8 It's not cool to borrow money to gamble.
- 9 Don't try to win back what's been lost.
- 10 Balance gambling with other fun activities.

**Problem Gambling Helpline**  
**1-800-306-6789**

For more resources visit  
**[SIGA.ca/responsible-gaming](https://www.siga.ca/responsible-gaming)**